

Sangria

Ingredients

- 1 bottle of Riunite Lambrusco (1.5L)
- 1 cup of Cognac
- 1 cup of light lemonade or Trop 50% less sugar OJ
- 1 cup of Trop 50% less sugar blueberry/pomegranate juice
- 1/2 of lime squeeze (don't leave in makes it bitter)
- Any fresh fruit you have, the more the merrier (no grapefruit, gets bitter)
(Date night class I used pomegranates, 1/2 granny smith apple sliced really thin, 1 Del Monte no sugar added yellow cling peach chunks)

Directions

- Mix together, taste, chill in frig or add two big scoops of ice.
(Refrigerate overnight if possible, flavors get better longer they sit).
I try to make it up an hour before class starts.
Leftovers can be stored in frig for about a week, but I never have leftovers.....

Enjoy!